

2009 California Coastal Bike Race for Hemophilia

*Please be sure you KNOW & AGREE TO all guidelines BEFORE participating in the
Bike Race*

Guidelines

- ◆ It is your duty to know and follow the Dept. of Motor Vehicle's rules for cycling.
- ◆ We will require proof that your bike has had a safety inspection within 30 days of the ride.
- ◆ Only the riders and volunteers that have gone through the California Coastal Ride application process and been accepted are part of this bicycle ride.
- ◆ All other friends, family members will be responsible for themselves. The CCR will not be held accountable for their meals, transportation or activities during the ride.
- ◆ Snacks, water and some meals are provided – inform the co-chair if you have allergies, food concerns or special needs.
- ◆ Respect the space and property of others. If you find a possible “lost item” turn it over to the co-chair or group leader.
- ◆ You are responsible for any charges incurred outside the meal vouchers and hotel rooms that have been paid for by the CCR.
- ◆ No weapons (knives, guns, sling-shots, other weapons, etc.) are ever allowed at any time.
- ◆ Preserve the environment – throw away or recycle all waste.
- ◆ Sag Drivers must keep in communication about your location at all times.
- ◆ Double check all your equipment and bring extras of everything!

RESPECT

***Remember you are representing the Hemophilia Council of California and the
California Hemophilia Chapters - set a very good example!***

X

Signature

Date

Print Name

